

Lauren Gray  
2016 KY Adult Representative  
Telethon of Stars

When walking through the door at the Adult Day Health Care at Easter Seals West Kentucky, you can always count on a big greeting and smile from Lauren Gray! Lauren has been attending the Adult Day Health Care program since 2006. She is very active and can often be found participating in many of the activities including singing karaoke, exercise class, bingo, dancing and art class. As an athlete and an artist, Lauren makes the most of the abilities given to her.

In addition to participating in the activities and socializing, Lauren loves to help out around the center and assist her peers in the program. You can often find her playing card games with her friends at Easter Seals. Lauren enjoys meeting new people and has no problem making new friends. Lauren enjoys all center-wide sporting events and also plays on a softball team outside of the center.

Among her many accomplishments, Lauren is very proud to be a celebrated artist, and was featured during Art Celebration 2007. Her work has also been on display at several locations in Paducah. Lauren draws every day and shares her work at the center. Lauren has partnered with several local artists who work collaboratively with her and the other artists in the Easter Seals West Kentucky Art Program. She also has been commissioned for two paintings with the Charity League of Paducah.

Community inclusion, maximizing independence and promoting equality...these are the goals that are encouraged in all programs at Easter Seals West Kentucky. With the help of the Lions Club/WPSD Local 6 Telethon of Stars, Lauren and those enrolled in the programs at ESWKY will continue to receive the services not only enhance their lives, but promote personal development!